



**Your Happy Place**



## LIFE GROUP DISCUSSION QUESTIONS

Date: January 26, 2025

Sermon Series: Your Happy Place: Living the Beatitudes of Jesus

Sermon Title: The Happy Sad

Scripture: Matthew 5:4

Speaker: Dr. Ron Jones

1. Read Matthew 5:4, Ecclesiastes 3:4, and James 4:9. Describe your initial reaction to these verses. How can sad people be “blessed” or happy?
2. Describe a time in your life that made you mourn or sad. In what way has pain been “God’s megaphone” in your life?
3. Who were the “men of sorrows” Pastor Ron listed in the Bible? Discuss the impact they have on your understanding of Matthew 5:4.
4. Read 2 Corinthians 7:10. Discuss the sorrow of bereavement versus the sorrow of repentance, plus the relationship between the “poor in spirit” and “those who mourn.”
5. Discuss how God feels about your sin. Is there a difference in how you view your sin?