



Your Happy Place



LIFE GROUP DISCUSSION QUESTIONS

Date: February 9, 2025

Sermon Series: Your Happy Place: Living the Beatitudes of Jesus

Sermon Title: Happy, Hungry, and Satisfied

Scripture: Matthew 5:6

Speaker: Dr. Ron Jones

1. Read Matthew 5:6. Describe your initial reaction to this beatitude.
2. What or who satisfies you and why? Rate your level of life satisfaction on a scale of 1 to 5 [1 = not satisfied, 2 = sometimes satisfied, 3 = satisfied, 4 = mostly satisfied, 5 = very satisfied]
3. You are what you eat, physically and spiritually. Describe your spiritual health after reflecting on what your soul consumes through your ears, eyes, and mind.
4. What is righteousness? Describe the three ways Pastor Ron reflected on righteousness and your response to them.
5. Read Psalm 42:1-2 and Psalm 63:1 and 5. How do you think the psalmist maintained his hunger and thirst for God?
6. Read John 4:10-15, 6:35, and 7:38. Hydration, healthy eating, and exercise are good for the body and soul. Reflect on and discuss the why and how.